



# SEDATING THE WILD: EXPLORING THE USE OF MIDAZOLAM IN ZOO AND WILDLIFE MANAGEMENT

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# CLASSIFICATION

## TRANQUILISERS

- also called neuroleptics
- modify CNS function
- generally have no antidotes
- ↑ dose does not ↑ the effects
- no analgesia or immobilisation
- behaviour modifiers

## SEDATIVES

- also called hypnotics
- causes CNS depression
- have antidotes available
- ↑ dose ↑ the effect

# CLASSIFICATION

## TRANQUILISERS

### Phenothiazine derivatives

- acepromazine
- perphenazine

### Butyrophenones

- azaperone
- haloperidol

### Thioxanthenes

- zuclopenthixol

## SEDATIVES

### Benzodiazepines

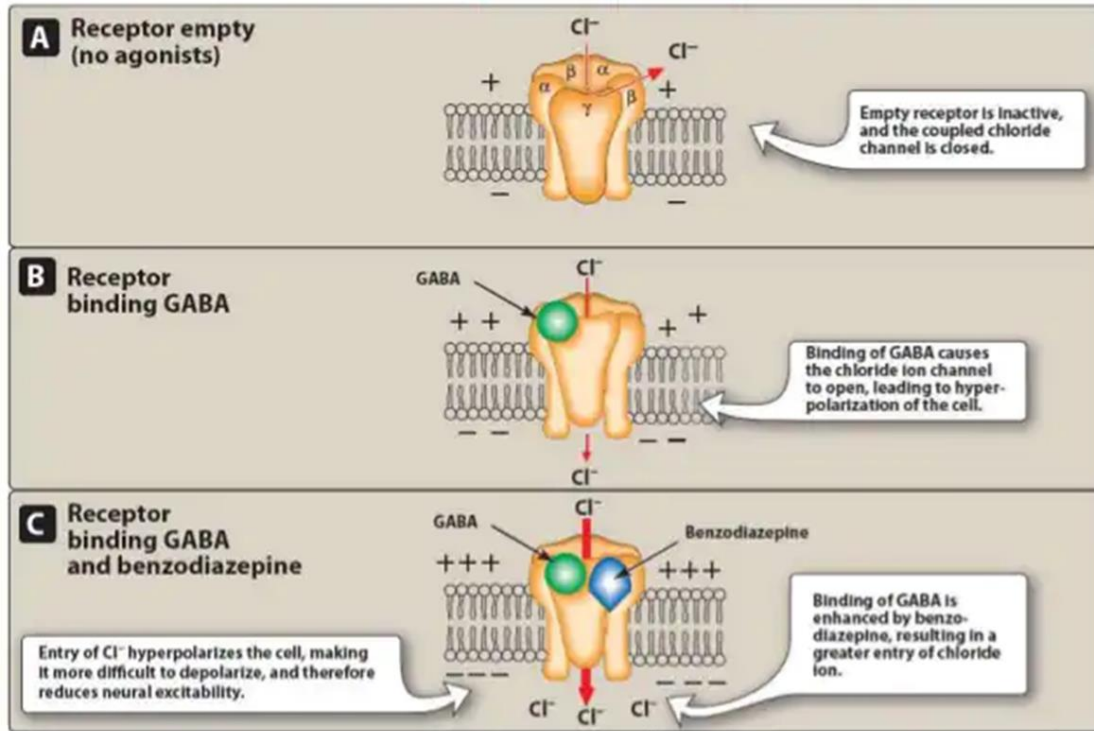
- diazepam
- midazolam

### Alpha<sub>2</sub>-adrenoreceptor agonists

- xylazine
- detomidine
- medetomidine /  
dexmedetomidine

# FUNCTIONING OF MIDAZOLAM

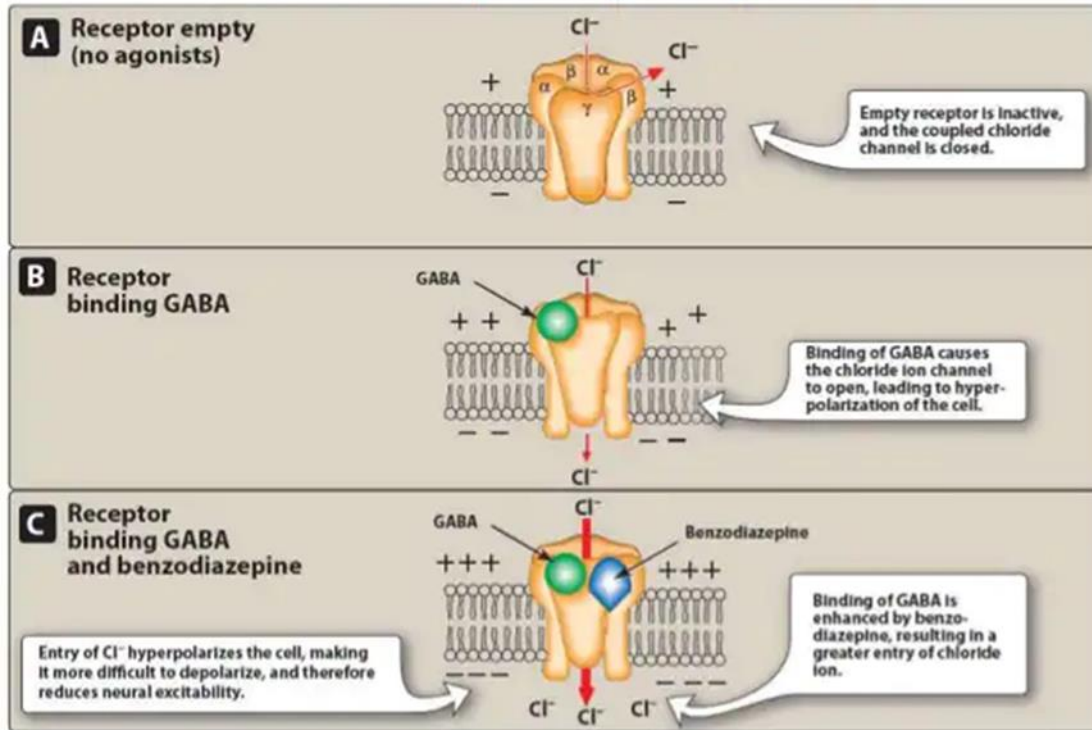
## Benzodiazepines (BZDs) MOM



- Gamma-aminobutyric acid (GABA) is the primary physiological inhibitory neurotransmitter in the CNS
- Benzodiazepines are GABA agonists that enhance the GABA-receptor's affinity for endogenous GABA (increased effect)
- GABA results in:
  - Sedation
  - Anxiolysis
  - Muscle relaxation
  - Anticonvulsant effects

# FUNCTIONING OF MIDAZOLAM

## Benzodiazepines (BZDs) MOM



- Recent evidence suggests a 10 kDa protein named 'Diazepam binding inhibitor' (DBI) is the brain's endogenous BZD (endozepine).
- Depending on the brain region, DBI can potentiate or inhibit GABAR activity suggesting that the brain can modulate GABAR-mediated neuronal inhibition by controlling the levels of DBI and its cleavage products.

# FUNCTIONING OF MIDAZOLAM

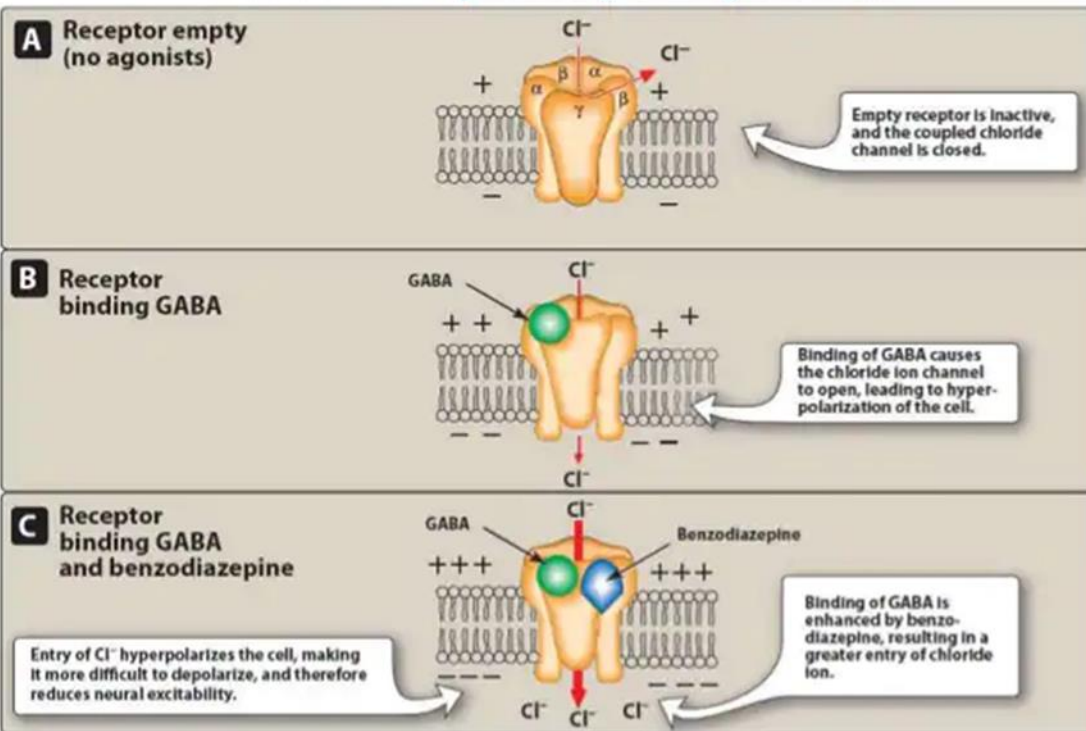


- Little, however, is known about how DBI levels are regulated, how it is processed, or how DBI exerts its positive versus negative effects on GABAR activity.
- Decreases in GABAergic neurotransmission are linked to numerous neurological and mental health disorders such as insomnia, epilepsy, anxiety, autism, Fragile X syndrome and schizophrenia



# FUNCTIONING OF MIDAZOLAM

## Benzodiazepines (BZDs) MOM



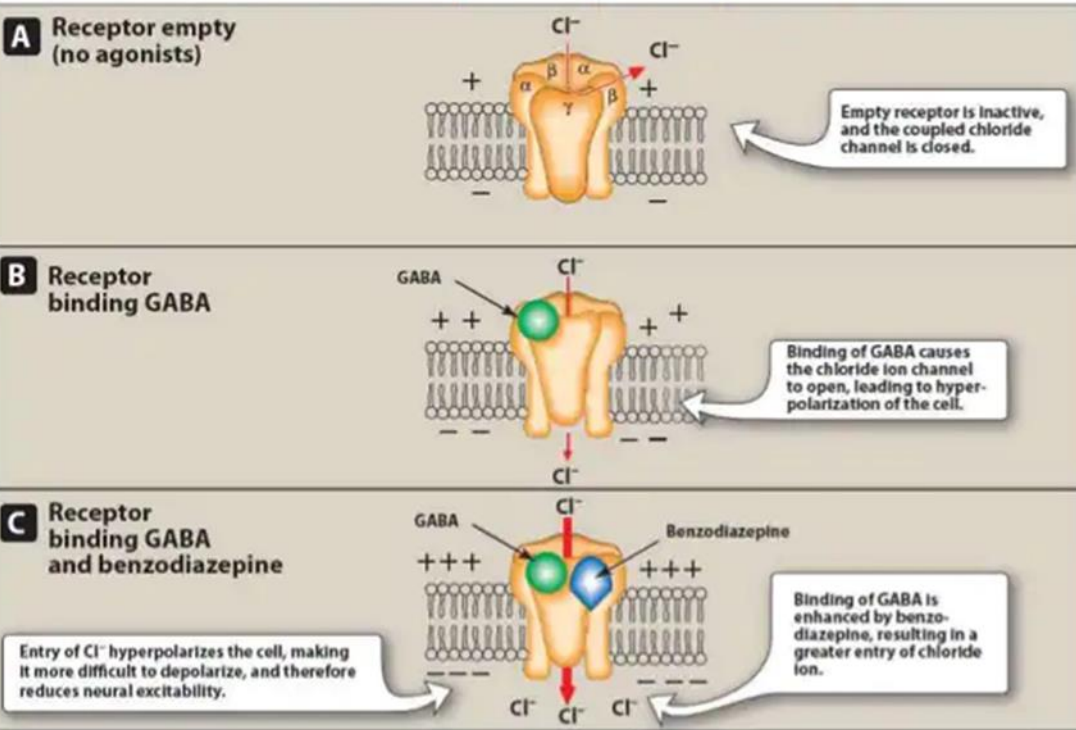
- Simply put, GABA sends its inhibitory message by binding at special sites called GABA-A receptors on the outside of the receiving neuron.
- Once GABA is bound to the GABA-A receptor, the neuron opens a channel which allows chloride ions to pass inside of the neuron.
- These negative chloride ions make the neuron less responsive to other neurotransmitters (norepinephrine [noradrenaline], serotonin, acetylcholine and dopamine) which would normally excite it.



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PHARMACEUTICALS

# FUNCTIONING OF MIDAZOLAM

## Benzodiazepines (BZDs) MOM



- Benzodiazepines also bind to their own receptors (benzodiazepine receptors) that are situated on the GABA-A receptor.
- Combination of a benzodiazepine at this site acts as a booster to the actions of GABA, allowing more chloride ions to enter the neuron, making it even more resistant to excitation.



# FUNCTIONING OF MIDAZOLAM

- Lack of direct agonistic activity = very wide safety margin
- The highest concentration of GABA A receptors is found in the cerebral cortex, very few receptor sites found outside the CNS, hence minimal cardiopulmonary effects
- They cause a reduction in cerebral blood flow and an even greater reduction in oxygen consumption – useful in CNS disease
- They do not provide analgesia



# FUNCTIONING OF MIDAZOLAM

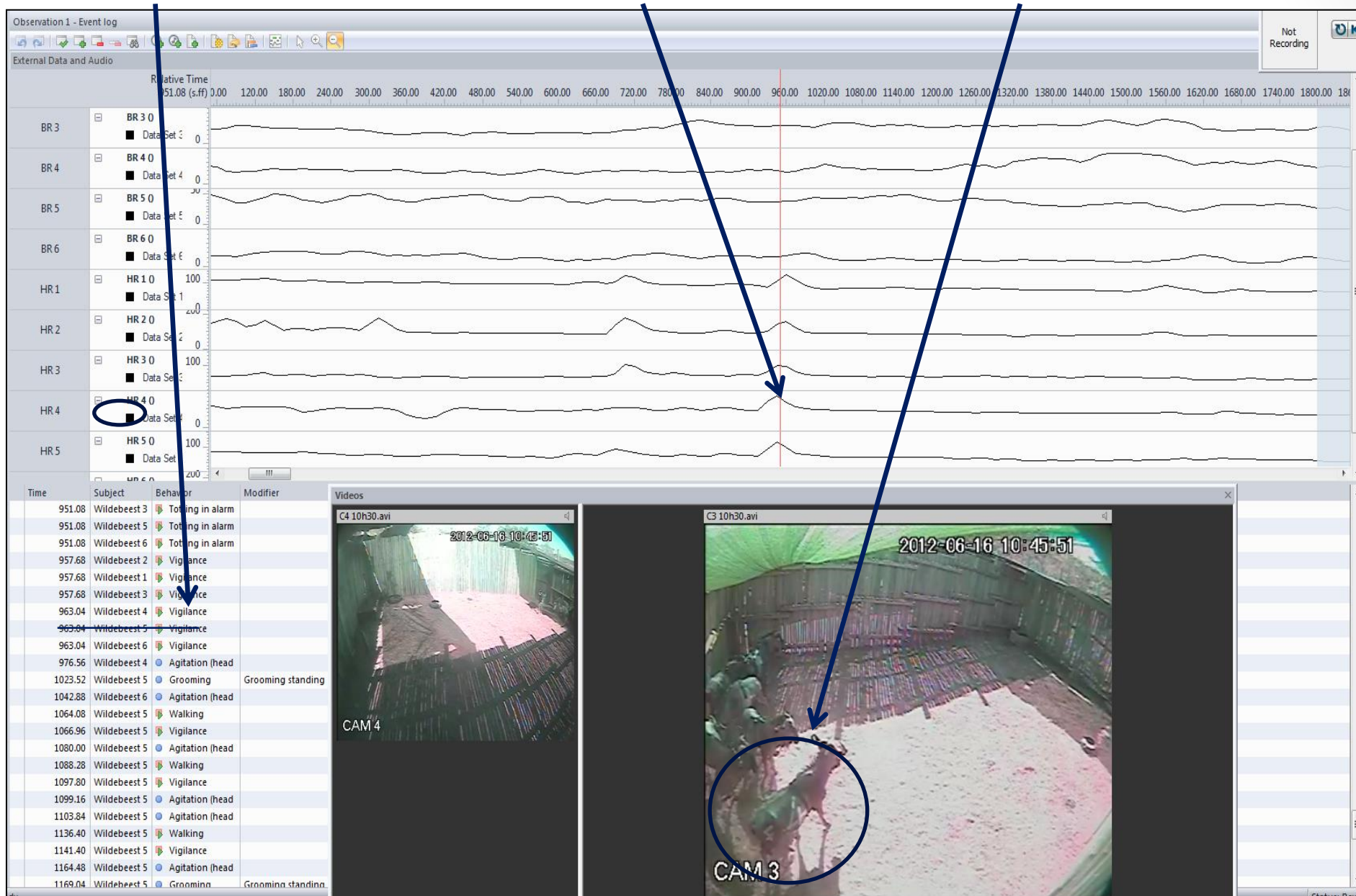


- Clinical effects of benzodiazepines
  - Good muscle relaxation
  - Minimal respiratory and cardiovascular effect at normal doses
  - Anticonvulsant properties
  - Anxiolysis (relaxed but awake)
  - Appetite-stimulating effects
  - Midazolam has a profound amnesic effect

Behaviour animal 4 = vigilance

Peak in heart rate of animal 4

Corresponds to video







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# FUNCTIONING OF MIDAZOLAM



- Side effects of benzodiazepines:
  - Paradoxical excitation in young healthy animals
  - At very high doses, relaxation of striated muscles in the diaphragm – accentuation of respiratory depression
  - Can produce a severe sedation in sick or old animals
  - Prolonged recovery in elephants and rhinos



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# BENZODIAZEPINES CLASSIFIED BY HALF LIFE

Short Acting < 1 to 12 h	Intermediate Acting: 12 – 40 h	Long Acting: 40 – 250 h
Alprazolam	Flunitrazepam	Clorazepate
Triazolam	Clonazepam	Diazepam
Oxazepam	Lorazepam	Chlordiazepoxide
Midazolam	Temazepam	Flurazepam



## Benzodiazepine metabolism:

- Metabolised by the liver, then excreted by urine after process of glucuronidation.
- EXCEPTIONS (no liver metabolism): oxazepam, temazepam, lorazepam

# BENZODIAZEPINES USED IN WILDLIFE

## *DIAZEPAM*



## *MIDAZOLAM*



Both are classified as “short-acting” – lasting < 6 hours in comparison to other benzos



# PROPERTIES OF BENZOS AS WILDLIFE SEDATIVES

## PROPERTIES & EFFECTS

### *DIAZEPAM*



- Good muscle relaxant
- Minimal respiratory and cardiovascular effect
- Anticonvulsant
- Can be used to control severe extrapyramidal effects
- Anxiolytic
- Appetite-stimulating effect
- Excellent tranquilization in ostriches
- Not recommended for IM administration (oil-based)
- Often used orally (powder mixed with maize meal / pills dissolved in liquid)

# PROPERTIES OF BENZOS AS WILDLIFE SEDATIVES

## MIDAZOLAM



### PROPERTIES & EFFECTS

- More potent than diazepam
- Tolerated if given IM
- Profound amnesic effect
- Better anticonvulsant, anxiolytic & amnesic than diazepam
- Often used for *per os* administration in meat for large carnivores or as a premedication for primates
- Shorter duration of action - 30 minutes
- Used in rhinos
- Used for prolonged anaesthesia to decrease the dose of general anaesthetics (dental procedures in carnivores and primates)

# BENZODIAZEPINE ANTAGONISTS

## PROPERTIES & EFFECTS

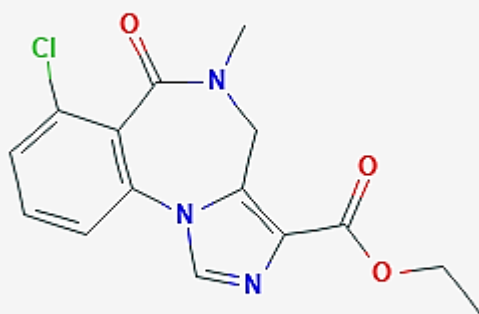
### *FLUMAZENIL*



- Binds competitively to the benzodiazepine site on the GABA A Receptor
- High affinity
- Virtually no agonistic activity
- Safe and effective
- Short acting = re-sedation possible
- Expensive
- At high doses ( $> 0.08$  mg/kg) doses severe shivering, muscle rigidity, opisthotonos and seizures can occur
- Dose: re-sedation has been observed at 0.01-0.03 mg/kg dose → recently recommended dose is 0.04 – 0.06 mg/kg

# BENZODIAZEPINE ANTAGONISTS

## SARMEZENIL



### PROPERTIES & EFFECTS

- Successfully used to antagonize effects of zolazepam in cheetahs & lions (*Stander & Morkel 1991; Walzer & Huber 2002*)
- Should be a valuable alternative to flumazenil (*Walzer & Huber 2002*)
- Dose: 0.1 mg/kg

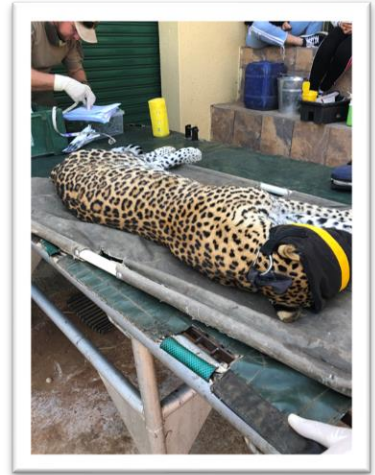
# MIDAZOLAM AS PREMEDICATION

Species	Dose	Route
Primates	0.5 mg/kg	Oral
Ungulates	0.2 mg/kg	IM
Predators	0.4 – 0.5 mg/kg	Oral (bait)





# COMBINATIONS USED IN PREDATORS



Species	Dose (mg/kg)			
	Midazolam	Medetomidine	Butorphanol	Ketamine
African leopard	0.2	0.06	0.3	
African lion	0.2	0.025-0.05	0.2-0.3	
	0.1	0.04-0.04		2.2-2.7
Black-footed cat ( <i>captive</i> )	0.1	0.05	0.2	
Black-footed cat ( <i>wild</i> )	0.2	0.1	0.4	
Cheetah	0.15	0.035	0.2	
Spotted hyena ( <i>higher dose for juvenile animals</i> )	0.25-0.5	0.07-0.13	0.25-0.8	



# COMBINATIONS USED IN UNGULATES

Species	Dose (mg/kg)	
	Midazolam	Thiafentanil OR Etorphine
General ungulates immobilisation	0.2	0.01-0.03
General ungulates sedation	0.2	

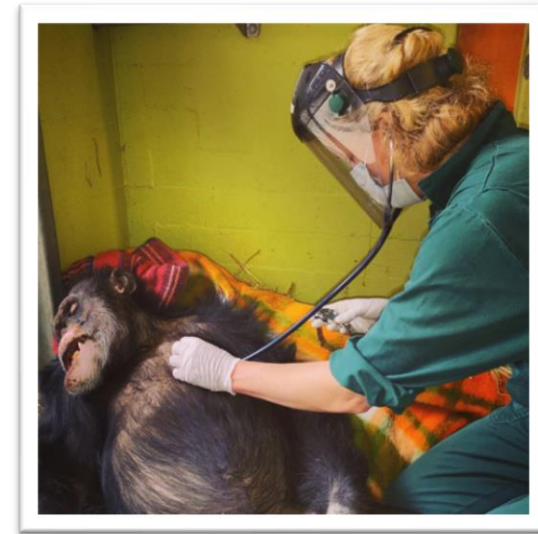


# COMBINATIONS USED IN EQUINE SPECIES



Species	Dose (mg/kg)				
	Midazolam	Etorphine	Ketamine	Medetomidine	Azaperone
Hartmann's mountain zebra	0.2	0.2-0.3			
Mountain zebra	0.2	0.01-0.02			0.1-0.25
Plains zebra	0.2	0.01-0.03			
	0.1-0.2	0.02-0.03			0.2-0.5
	0.1		2.7	0.06	<i>Standing sedation</i>

# COMBINATIONS USED IN PRIMATES



Species	Dose (mg/kg)		
	Midazolam	Ketamine	Butorphanol
General primate premedication ( <i>oral</i> )	0.5		
Chacma baboon	0.035-0.05	10	
Chimpanzee	0.05	5	0.05
Gorilla	0.05	5	0.04

# COMBINATIONS USED IN AVIAN SPECIES



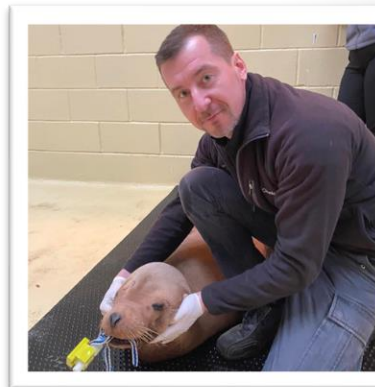
Species	Dose (mg/kg)			
	Midazolam	Ketamine	Butorphanol	Isoflurane
Amazon parrots (intranasal)	1	15		
	2			
Budgerigar ( <i>intranasal</i> )	13-14			<i>Deep sedation</i>
Cockatiels (intranasal)	3		3	
	3			<i>Mild sedation</i>
General birds immobilisation	0.5	25	1.5	2.5%
General passeriformes species (intranasal)	5.6			
General psittacidae species ( <i>IM premed</i> )	0.5		1	
General psittacidae species ( <i>Intranasal sedation</i> )	2			

# COMBINATIONS USED IN AVIAN SPECIES *CONT.*



Species	Dose (mg/kg)			
	Midazolam	Ketamine	Butorphanol	Isoflurane
Great white pelican ( <i>IM</i> )	1		0.5	5 hrs recovery
Guinea fowl ( <i>IM</i> )	0.3	15		+2.5 mg/kg xylazine
Ostrich ( <i>IM</i> )	0.3	Only for sedation		
	0.45	5		
	0.2	8.7	0.4	0.4
Ring-necked parakeets ( <i>intranasal</i> )	3.7	10		
	7.3			Deep sedation

# COMBINATIONS USED IN MARINE MAMMALS



Species	Dose (mg/kg)			
	Midazolam	Ketamine	Butorphanol	Medetomidine
Cape fur seal	0.2		0.2	0.03
California sea lion	0.15		0.1	0.03
	0.25		0.4	0.012
Crabeater seal	0.55			<i>Moderate sedation</i>
Harbor seal pups	0.1-0.2		0.1-0.2	
North Atlantic right whale	0.1		0.1	<i>Used for disentanglement</i>
Weddel seal	0.1	2		
Weddel seal pups	0.2-0.3		0.1-0.2	<i>Transient apnoea</i>



# ADMINISTRATION AFTER RECUMBENCY

- To “smooth out” the anaesthesia
- Stop shivering in rhino or kicking in sable
- Increase muscle relaxation
- Prolong anaesthesia
- Low dose (0,005 mg/kg-0.03 mg/kg) IV
- Smaller animals higher doses.





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# PARADOXICAL HYPER EXCITEMENT

- Paradoxical reactions to benzodiazepines, characterized by increased, excitement, and excessive movement, are relatively uncommon and occur in less than 1% of human patients.
- The exact mechanism of paradoxical reactions remains unclear.
- Personal experience in adult black rhino bull – hand reared
- Personal Communication received of repetitive occurrence in the same white rhino calf



# QUESTIONS ?

## REMEMBER TO FOLLOW



*Wildlife Pharmaceuticals South Africa*



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